

THE PSYCHOTHERAPY OFFICE OF DR. KELLY A. WILLIAMS

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“No Secrets” Policy for Couples and Family Therapy Participants

This written policy is intended to inform you, the participants in couples or family therapy, that when participants are involved in couples or family therapy, the couple or family members who consent as a “unit” are considered to be the client or patient. Meaning, the couple or family as a whole is the patient.

During the course of couples or family therapy, there may be times whereas smaller parts of the treatment unit (e.g. an individual, the siblings, the parents, or any combination thereof) are seen for an undisclosed number of treatment sessions. These sessions are considered as part of the treatment for the entire “unit” - the couple or family. If there is information disclosed to Therapist in the absence of any or all of the members of the treatment unit, the Therapist reserves the right to disclose information to the other members of the treatment unit. **Therapist will not harbor secrets on behalf of other members of the treatment unit**, as information learned during the course of any treatment session may be relevant and essential to the treatment of the couple or family unit. If any member of a couple or family involved in treatment, has information they do not wish to have known to other members of the treatment unit, should consider engaging in “Individual Counseling” with an outside provider to ensure confidentiality.

This “No Secrets” policy is intended to provide any couple or family with transparency and to prevent, to any extent possible, a conflict of interest pertaining to the goals of the treatment unit.

*By providing your signatures below, you acknowledge that each of you have read this policy, understand the content, have asked questions that have been answered to your satisfaction, and agree to the Couples or Family Therapy “No Secrets” policy.

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| Kelly A. Williams, Psy.D., LMFT | | |
| Treatment Provider | | |